



Color Personality Test

A free printable worksheet. About 5 minutes.

Name _____

Date _____

How to take it: In each row, circle the **one word** that describes you best most of the time, not how you would like to be. Go with your first instinct. Every word has a shape next to it; you will count the shapes on the next page.

1	△ Adventurous	□ Responsible	○ Caring	◇ Curious
2	○ Warm	△ Spontaneous	□ Organised	◇ Logical
3	○ Compassionate	◇ Independent	△ Playful	□ Punctual
4	△ Competitive	○ Sensitive	◇ Analytical	□ Dependable
5	△ Hands-on	□ Practical	○ Encouraging	◇ Inventive
6	○ Sincere	△ Bold	□ Prepared	◇ Questioning
7	○ Empathetic	◇ Theoretical	△ Witty	□ Traditional
8	△ Energetic	○ Affectionate	◇ Precise	□ Thorough
9	△ Impulsive	□ Dutiful	○ Idealistic	◇ Sceptical
10	○ Expressive	△ Daring	□ Orderly	◇ Big-picture
11	○ Nurturing	◇ Clever	△ Fun-loving	□ Hard-working
12	△ Quick	○ Kind	◇ Objective	□ Plans ahead
13	△ Free-spirited	□ Follows the rules	○ Good listener	◇ Inquisitive
14	○ Harmonious	△ Charming	□ Careful	◇ Strategic
15	○ Romantic	◇ Calm under pressure	△ Risk-taker	□ Loyal to tradition

Turn the page to score it. The shapes hide which style each word belongs to, so you answer before you know.



Scoring and answer key

Count how many of each shape you circled.

Shape	Style	Your count (of 15)
▲	Orange Bold and spontaneous	
■	Gold Organised and responsible	
●	Blue Warm and caring	
◆	Green Curious and logical	

1. Your **highest** count is your main style. Your **second highest** is your backup.
2. Two counts within 1 of each other make a blend, which is common. Read both.
3. Your lowest count is the style you find hardest to use, and often the people you clash with.

The four styles

▲ BOLD AND SPONTANEOUS

Orange

At their best: Thinks fast in a crisis, makes things fun and gets people off their chairs.

Overused: Can be impulsive, skip the boring steps and leave plans unfinished.

Needs: Freedom, variety, hands-on work and quick wins.

Try this: Pick the one boring task that matters and finish it first.

■ ORGANISED AND RESPONSIBLE

Gold

At their best: Keeps the group organised, reliable and prepared for what comes next.

Overused: Can be rigid, worry too much and struggle when plans change at the last minute.

Needs: Clear expectations, a plan, and people who keep their word.

Try this: Leave one part of the plan open on purpose.

● WARM AND CARING

Blue

At their best: Makes people feel heard, builds trust and keeps the group kind to each other.

Overused: Can take criticism personally, avoid conflict and give more than they have.

Needs: Harmony, appreciation, and real connection with people.

Try this: Ask for what you need as clearly as you offer help.

◆ CURIOUS AND LOGICAL

Green

At their best: Spots the flaw in the plan, finds a smarter way and stays calm under pressure.

Overused: Can seem cool or distant, over-analyse and dismiss feelings as irrelevant.

Needs: Interesting problems, autonomy, and reasons that make sense.

Try this: Share your thinking before it is finished.



Group tally and discussion

For teams, classes, workshops and families.

Name	▲ Orange	■ Gold	● Blue	◆ Green	Main

Talk about it

1. What is your color at work, and is it different at home?
2. Which color do you clash with most, and what does that color need?
3. What does your color do when it is stressed, and how can others tell?
4. Which color is missing in this group, and what might we overlook because of it?



Four styles too few? Take the free 31-animal test

20 everyday questions, about 5–6 minutes, no email needed. It scores six traits and matches you to one of 31 animals: animalpersonalityquiz.com

Four-color personality tests follow the four temperaments described by David Keirsey and made popular by True Colors® (a trademark of True Colors International), Color Code and others. This worksheet's word lists and descriptions are original to Animal Personality Quiz and are not affiliated with any of them. Free to print and copy for classrooms, teams and personal use. It is a conversation tool, not a validated psychological assessment, and should not be used for hiring or performance decisions.